Steer prices cited

"The South 40" by JAMES A. SMITH EXTENSION AGENT

By JAMES A. SMITH
Extension Agent

Last Wednesday the Lynchburg Feeder Cattle Association sponsored a Holstein steer sale. There were 349 head with a price range of $49.75 to $43.25; Mostly selling 47 to 48c per pound.

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Nominations for the Growth Feeder Sale are due September 9.

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Lawrence Stewart called to say thanks for encouraging him to attend the Marketing Strategies Seminar.

There were 50 participants. Learning how to develop marketing strategies is essential in today's economic climate. 5,000 bushels equals a contract and there are many farmers with this capability. Production is not complete until the product is sold.

More than 80% of the soybeans produced in Virginia are sold in the bottom 25% of the market. How long will a producer survive following this pattern?

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Again this year a predictive nematode assay is available for tobacco, corn and soybean producers. These samples should be taken between September 1 and November 15 on fields where these crops will be grown next year.

Bags and instruction forms are available from this office.

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Unofficially we recorded 9.5 inches of rain in July and 5.47 in August. These rains have certainly turned yields around.

• • •

Have your small grain seed treated for loose smut. Vitavax is the only seed treatment that will control loose smut in wheat and barley.

• • •

We have had a couple of inquiries about the use of anhydrous ammonia in corn silage. By adding 7 pounds of anhydrous ammonia per ton of silage at the time of filling will increase the protein content by 3-5 percent.

Another year we need to plan early to add this product to our silage. There are some initial costs such as a tank and application device.

Last year a Bedford dairyman reported a savings of $400 to $600 per month in feed cost. Obviously, reduced feed cost is the big reason for treating silage.

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Don't overlook barley in the dairy ration. It is probably the best buy, but corn prices are falling and it may pay to stick with corn.

Dairymen need to pencil costs out for least cost rations.

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It is estimated that 30% of heifers coming into a feedlot are pregnant. A feedlot operator is not set up to handle calves and there are other problems as well.

Recently FDA approved the use of Lutalyse as an abortifacient for feedlot heifers. In trials 80% of pregnancies are terminated by day 14 and 90% by day 35.

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It's getting late to put nitrogen on fescue and still get the response earlier treatments will give.

• • •

Check pastures-if there is a significant amount of broadleaf weeds, spray with 2.4D. There is less damage to clover with a fall spraying than when sprayed in the spring.

• • •

Dale Wolf, Forage researcher at Virginia Tech, has found that for three consecutive years alfalfa harvested after September 15 but before frost kills the top growth resulted in a reduction in tiller numbers and yield the following spring.

This research supports our recommendation not to harvest alfalfa after October 1.

Happiness is 4-H

By FRANK SWEET
Extension Agent

The Five County Fair begins in Farmville on Monday, September 14. The Farmville Fair is the only local opportunity for Appomattox folks to exhibit vegetables, crops, crafts, canned goods and a host of other items. Take a few moments and look through one of the Fair catalogs and plan to enter several exhibits at this year's Five County Fair. Appomattox 4-H'ers, FFA members and FHA members, as well as adults, have historically entered a large number of exhibits in the Fair. The Extension Office will have some exhibit entry tickets by the end of this week. Good luck with your Fair exhibits.

• • •

Congratulations to the new 4-H officers that are being elected during 4-H meetings this week. To be elected as an officer is an honor and an excellent opportunity for young people to learn about responsibility and gain some leadership experience.

• • •

Mike McCoy will be one of several 4-H'ers who will perform their Share-the-Fun Act for the Virginia Bankers Association Annual Meeting at Natural Bridge. Mike was one of the finalists in the State Share-the-Fun Show this summer. He is the son of Mr. and Mrs. Edward McCoy.

• • •

4-H families will have the opportunity to order strawberry plants again this year. Orders will be taken in November and December and strawberry plants will arrive in early March. Details will be available for 4-H'ers in the coming month.

• • •

All completed 4-H projects should be turned in to the Extension Office by October 16. 4-H projects are extremely important, especially to those 4-H'ers hoping to win State or National Awards.

• • •

The annual 4-H Volunteer Leaders Association Meeting will be held in Blackstone on October 15 and 16. Details about the meeting will be mailed to those adult volunteers who assist with the many 4-H programs in Appomattox.

ASCS Today

'81 wheat is now eligible for entry in grain reserve

By TOM CONRAD
81 Wheat Eligible For Immediate Entry in Grain Reserve—Farmers who place their 1981 wheat crop under price support loan may enter it immediately into the grain reserve.

They will receive annual storage payments of 26½ cents per bushel, payable in advance. While interest will be charged on the loan during the first year that the wheat is in the program, interest will be waived during the second and subsequent years of the reserve loan.

So far, local farmers have placed about 10,565 bushels of their 1981 wheat crop under loan. The county loan rate is $3.17 per bushel.

The new wheat reserve program authorizes farmers to keep their crop in the program until the national average market price for wheat is at or above the trigger release level of $4.65 per bushel, or until the three-year reserve loan matures.

When the release level is reached, farmers may remove their grain from the reserve without penalty. If the market price continues above $4.65 per bushel after the initial release period, farmers will stop earning storage payments. Interest charges, if previously stopped, will be resumed.

The maximum amount of wheat eligible to be in all farmer-held reserves at any one time is 700 million bushels. On July 1, reserve totaled 360 million bushels.

Good news for homemakers

Deb program slated

Mark Marshall gets degree

By SHIRLEY W. WALTON
Extension Agent
Deb Program to be Offered

Obesity is one of the major health problems in America today. Our life style and abundant food supply contribute greatly to this problem. The DEB Program (Diet, Exercise and Behavior Modification) will be conducted by the Appomattox County Extension Office in cooperation with the Adult Education Program, Appomattox County Public Schools.

The objectives of this educational weight reduction program are to assist participants with the following:

1. To evaluate and restructure eating habits concerning food quantity, food frequency and food choice (based on food nutrient content).
2. To evaluate and restructure activity patterns.
3. To become acquainted with factors contributing to obesity such as food consumption patterns, activity level, environmental stimulation of eating behavior and food preparation techniques.
4. To become acquainted with the positive health effects of weight loss.
5. To be able to share concerns of being overweight and weight loss with each other.
6. To lose one on two pounds per week until the weight goal is achieved.

This class will be taught weekly for a period of eight weeks at two locations in the county. Beginning on Monday, September 21, 1981, at Appomattox Middle School, the class will be conducted 7:00 - 9:00 p.m. in the cafeteria.

An afternoon class will be offered at Pamplin Elementary School Library on Thursday afternoons, 3:30 - 5:00 p.m., beginning September 24, 1981.

If you wish to register or have questions concerning this program, you may call the Appomattox County Extension Office (352-8244).

I will be teaching the class and will have three volunteer registered nurses assisting by taking blood pressure. They are Mrs. Elaine Bollinger, Mrs. Ann Harris and Mrs. Brenda Richardson, County Health Nurse. This service is free for all class participants.

There is no charge for this class. The Appomattox County Extension programs and activities are available to all people regardless of race, color, religion, sex, age, national origin, handicap or political affiliation.

If you have a homemaking question or problem, you may call 352-8244, or write P. O. Box 488, Appomattox, Va. 24522. It is a pleasure to hear from you and help you.

Have a good week!

RECIPE OF THE WEEK
Red Hot Pepper Jelly
¼ cup fresh red hot peppers-(grated)
¾ cup bell pepper (red or green) grounded
6-¼ cups sugar
1-¼ cups vinegar
1 bottle of liquid pectin

Combine peppers, sugar and vinegar, Bring to a boil. Remove from heat, add liquid pectin, and let stand 10 minutes. Put in jars and seal. Makes abut 7 half pints.

Fund drive gets underway

Our Lady Of Peace Catholic Church will begin a county-wide fund drive to assist in construction of their Parish House beginning September 10 and continuing through September 30. (An in-depth article will appear in next week's issue of the Times-Virginian).

Mark D. Marshall of Appomattox was one of 400 students receiving degrees in summer commencement exercises at James Madison University recently.

Marshall received a Bachelor of Business Administration degree.

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A tribute to Lisa Rogers

Editor's Note: The following tribute was written in memory of Lisa Rogers, a talented young music student of Virginia Carnefix who died in a tragic auto accident Aug. 30 of this year.

By VIRGINIA CARNEFIX

Lisa was entering the third grade when she began music study. Quite rapidly she showed an outstanding musical talent. Her lessons were always a real pleasure. She performed musically during the years in National Piano auditions, college master classes, public recitals, in church and school and for everyday enjoyment.

Lisa's plans were to major in music. She was dilligently preparing for college. She had already begun preparation for her 1982 National Audition with memory of Mozart's "Sonata" in A major and Bach "Sinfonia" in D major. However, Lisa's musical experiences did not stop there. She served her church as organist and worked with the choirs. She shared her talent and love for popular and traditional music in her shcool choral groups and community dramatic group to name a few.

Music was truly an important part of Lisa's life whether performing piano - organ and dramatics or singing. Her music also meant a lot to others who shared in it. But, maybe even more important then this, Lisa's life was a song. Her loving ways, her genuine smile, and her unselfish personality drew many people of all ages to her. She always had something to share from the bubbling joy of her heart.

Lisa is sadly missed, but she will be warmly remembered. The touch of her life on ours will always remain a song in our hearts.

Girl Scouts set for new year

Cadet Trooop # 311 recently made some plans for the year and camped at the home of Mr. Donald Armentrout.

The troop decided they would like to travel this year.

The Cadets would like to go to Natural Bridge, take a ski trip in February and attend a camperee in May.

Mrs. Mary C. Bartlett and Mrs. Alen Armentrout are the leaders this year.

The girls learned how to use a Sterno Stove. The girls who attended are as follows: Jan Armentrout, Sandy Walton, Jennifer Bartelt, Nikki Pennix, Patti Wright, Sissy Knight, and Marlene Moseley. Other Appomattox troops joined them for a campfire during the campout.

The first meeting of the year is set for September 14 at 7:30 p.m. at the high school; it will be the registration of troop members.

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FREE COUPONS AVAILABLE AT PARTICIPATING MERCHANTS. ASK FOR YOURS.
ADMISSION:
Adults.....$1.50
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GRAND PRIZE $2,500.00 IN U.S. SAVINGS BONDS
TO BE AWARDED, SAT., SEPT. 19 AT 11:40 P.M.

Sunday, September 13
"BEST EVER" - Sneak Preview of the Five County Fair. Feature rides and exhibits will be open for inspection. Stop by early in the week to see what is in store.

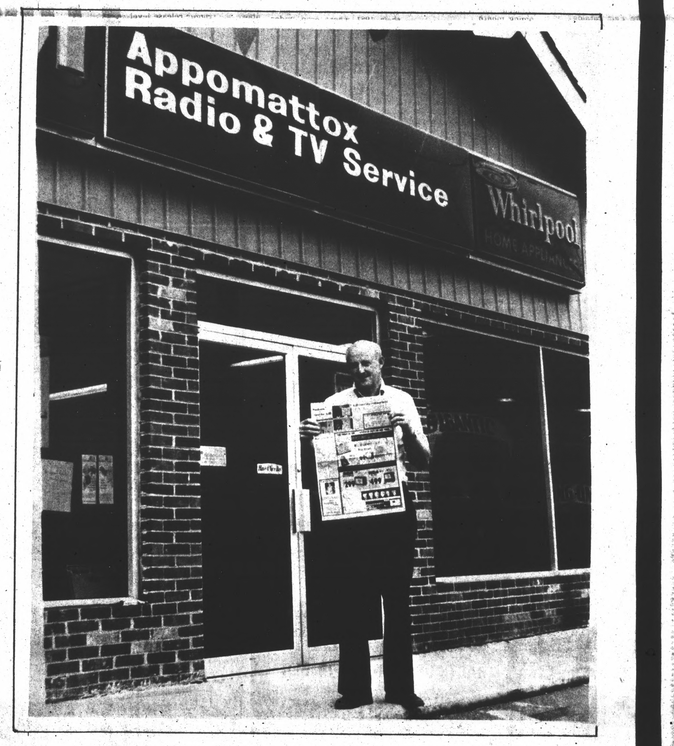
Monday, September 14
Gates will open at 6:00 p.m. BATTLE OF WITS - Youth Contest at 6 p.m. 7th to 12th grade. Adult Contest age 20 up at 9:00 p.m. Dr. James M. Helms, Jr. Superintendent of Schools, Cumberland County, supervises. Clubs in six participating Counties. Free ride discount coupons available at participating merchants.

Tuesday, September 15
School children will be given free admission in the afternoon. Special low prices on all rides in the afternoon from noon to 6 p.m. Gate prize a bicycle. Drawing at 6:00 p.m.
JUDGING of Crops, Vegetables, Poultry and Rabbits. Gems, Educational Booths and canned Home Products
BEEF CATTLE judging at 7:00 p.m.
Free ride discount coupons available at participating merchants.

Wednesday, September 16
School children will be given free admission in the afternoon. Special low prices on rides in the afternoon from noon to 6 p.m. Fashion Revue at 4 p.m. in the Arena. Gate prize a bicycle. Drawing at 6:00 p.m.
SPECIAL FEATURES 4-H: Trainer driving contest at 1:00 o'clock. Youth baked Products and Flower Show for 4-H, FHA and other Students. Fashion Revue at 4 p.m. in the Arena. Judge Show Wednesday, 3:30 p.m. Dairy cattle judging at 7:30 p.m. in the Arena.

Thursday, September 17
Adult Flower Show and Baked Products for Homemakers.
BEAUTY CONTESTS - Junior Miss' contest at 6:00 p.m. in the Arena, followed by the Miss Five County Fair' contest at 8:30 p.m. Dr. and Mrs. Roy A. Moore chairmen.

Friday, September 18
TALENT SHOW - Junior Contest at 6:00 p.m. for ages 13 and under. Adult talent show at 8:30 p.m. Mr. and Mrs. Tim Carnifax in charge.

Saturday, September 19
HOMECOMING - Closing night. Everything will be in full spring. Senior talent contest (ages 14-19) at 6:00 p.m. Mr. and Mrs. Tom Cantrell in charge. All past friends will be present.

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THE TIMES-VIRGINIAN?
Ask Steve Poole Of Appomattox Radio & T.V.
Last week Steve Poole ran an ad for the Labor Day weekend. The ad was printed in color and was "super" in its effectiveness, said Mr. Steve Poole.
Steve sold well over 30 T.V.s from this ad. In a year when things are supposed to be slow, advertising is most important in motivating sales. Steve commented that he appreciates the newspaper not only for sales promotions but also for the job they do in the upbuilding of our community.
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